

# ATHLETIC DIRECTIONS

## AMHERST

### \*From Rte. 101 in Milford or points West

Take Rte 101 to exit for Rte 101A Nashua Amherst. Go right at the end of the ramp onto Rte 101A east. Take next left, at traffic light, onto Rte 122 North. Immediately take a right onto Stearns Rd. Go about a mile to the end of Stearns Rd and take a left at the stop sign onto Boston Post Rd. Immediately take a right onto Cross Rd. Take 2nd left into Amherst Middle School parking lot.

### \*From Rte. 101 in Amherst, Bedford or points East

Take Rte 101 to exit for Rte 101A Nashua Amherst. Go right at the end of the ramp. Take next left, at traffic light, onto Rte 122 North. Immediately take a right onto Stearns Rd. Go about a mile to the end of Stearns Rd and take a left at the stop sign onto Boston Post Rd. Immediately take a right onto Cross Rd. Take 2nd left into Amherst Middle School parking lot.

From Nashua - Take exit 8 from the Everett Turnpike. At traffic light and T intersection by Ground Round, take a right onto Rte 101A west follow Rte 101A west through many traffic lights. Keep an eye out for Wendy's on the Right and McDonalds on the left. Keep right at this point. After passing the McDonalds look for Post Road Plaza on your left (PC Connection). Take a right onto Boston Post Road at the light by Post Road Plaza. The road splits almost immediately. Bear right, staying on Boston Post Rd. The road splits again, bear left. The church should be immediately on your left. About 2 miles, pass the Homestead Market on your right. The next right is Cross Rd and is marked with a Middle School sign. Take the right. Take 2nd left into Amherst Middle School parking lot.

DIRECTIONS TO FIELD HOCKEY: the field is behind the middle school. Go through the pack parking lot.

DIRECTIONS TO SOCCER: entrance to Souhegan High School off Boston Post Road. We now play on the new recreation fields (Bean Fields), which are on the right directly across from the SHS front fields.

DIRECTIONS TO BASEBALL: back behind track at Souhegan High School

DIRECTIONS TO SOFTBALL: adjacent to the soccer fields and next to the tennis courts. Can also enter middle school and drive around to the outdoor basketball hoops.

DIRECTIONS TO CROSS COUNTRY: begin behind the back parking lot at the middle school.

DIRECTIONS TO TRACK & FIELD: entrance at Souhegan High School off Boston Post Road. The track is in the back.

## ELM STREET

117 Elm St. Nashua, NH

### Directions for Volleyball & Basketball/Spirit Events

Everett Turnpike (Rt. 3) south to exit 5E, go over highway, stay right, bear rt. And follow "Lake St." sign, and turn left onto Lake St. Follow to Elm St. School, which is on the left. Gym is in the back on the left.

### Directions for Soccer Events

Follow the above directions, except proceed past Elm St. School (on left) to lights at end. This is Main St. Turn right on Main, and proceed to Allds St. and turn left (Hunt Community on left at lights). Proceed to Haines St. and turn rt. on Haines to the end. Go across Arlington St. intersection and continue straight on Haines. Parking will be on your left, and the soccer field ("Roussel Field") is on your left behind the Dr. Crisp Elementary School.

### Directions for Softball events

Follow directions for soccer events, and when you turn left on Allds St., the softball field will be ¼ mile on your left (Haines Field).

### Directions for Baseball events

Everett Turnpike (rt. 3) to exit 7E. Proceed South/East on Amherst St. towards downtown. Stay on Amherst St. until you reach Sargent Ave., and turn left onto Sargent . Proceed past tennis courts and city pool. Turn rt. on Artillery Lane, and baseball field on almost immediately on right ("North Common" field).

## **FAIRGROUNDS**

27 Cleveland St. Nashua, NH

Directions for Soccer, Basketball, Volleyball, Softball, & Track events

Everett Turnpike (rt. 3) to exit 5E; go over highway, stay straight (Kinsley St.) to Fairview Ave. and turn right. Continue on Fairview and follow sign to FG Middle School. You will pass FG Elem. School on left (softball field is on rt across the st.), and continue until you see the Middle School on your right.

Directions for Baseball events

Everett Turnpike (rt. 3) to exit 5E; go over highway and get immediately back on turnpike heading North; exit pretty quickly at Simon St. Exit. Follow to 4-way stop sign. Go straight (this is Ledge St.) and continue until you see ball fields on the left. Turn left at entrance where basketball hoops are. Loop around to the back and the baseball field (there are lights) will be on your left ("Ledge St." field).

## **GILBERT H HOOD**

Gilbert H. Hood Middle School is located at #5 Hood Road.

From the traffic lights in the center of town ( aka Crystal Ave/Birch Street) go east on East Broadway approximately one third of a mile to Hood Road. Turn left on to Hood Road. Follow up hill to the end.

## **HAMPSTEAD**

**Directions to HMS**

**FALL and WINTER sports are played at the school.**

**From Points South**

I-93 North to Exit #3. Take a Right off the exit and go to the lights. Take a Left onto Rte. 111. Follow to the intersection of Rte. 111 and Rte. 28 - go across onto Rte. 111. Follow to intersection of Rte. 111 & Rte. 121 and take a left onto Rte. 121. Go straight through the lights and after the Town Hall take a Right onto School Street.

**From Points North**

I-93 South to Exit #3. Take a Right at the ramp and go to the lights. Take a Left onto Rte. 111. Follow to the intersection of Rte. 111 and Rte. 28 - go across onto Rte. 111. Follow to the intersection of Rte. 111 and Rte. 121 and take a Left onto Rte. 121. Go straight through the lights and after the town hall take a right onto School Street.

Boys and Girls Soccer - Both played at HMS on our Soccer Field

Field Hockey - Played at HMS on our Field Hockey Field

Cross Country - Course is at HMS

**Directions to SPRING FIELDS**

Boys Baseball - Played at Holiday Lane Field - Rte. 111 to Hampstead. Take Rte. 121 North. Follow through the center of Town. Go past School Street and continue on Rte. 121 North for approx. 2 miles. Go past Banknorth on your Left and Holiday Lane is the next Left. Field is down the road on the right.

Girls Softball - Played at Depot Road Fields - Rte. 111 to Hampstead. Take Rte. 121 North. Follow through the center of Town. Go past School Street and continue on Rte. 121 North for approx. 3-4 miles. You will come to the intersection of Derry road and Depot Road (blinking light). Take a right onto Depot Road and the field is approx. a mile down on your right.

Track & Field - Meet held at Pinkerton Academy (Derry, NH)

Golf - Home Course is Campbell's Scottish Highlands in Pelham, NH - Take Rte. 111 West across Rte. 28. Take your next left onto North Policy. Go past Canobie Lake Park and cross 97 to Pelham Road (38). Go past the Ice Den and take a left onto Brady. The course is about 2 miles on the right.

## **MERRIMACK**

**\*From Everett Turnpike South**

Take Exit 11. Bear right at stop sign, then go through 2 sets of lights (2nd set of lights is almost immediately after 1st; there will be an Exxon station and a Burger King on your left). Road bears around to the left and then you take the first right onto Turkey Hill Road. Follow Turkey Hill Road for 2.5 miles until you cross a

river. Turkey Hill Road makes a right turn at this point, but you should stay straight on McQuestion Road. When you come to a 4-way intersection, make a left onto Madeline Bennett Lane. The school will be .5 miles on the right.

**\*From Everett Turnpike North**

At bottom of ramp, take a left and go under the highway. Take a right at the next intersection (Burger King will be in front of you. Almost immediately go straight through the next set of lights. Road bears around to the left, then you take the first right onto Turkey Hill Road. Follow directions above to school.

**\*From Old Middle School**

(Now James Mastricola Upper Elementary School) Go past the old middle school (police station will be on your right.) At fork in road, bear right. Follow this road until you come to the light (4 way intersection). Go straight through lights onto Madeline Bennett Lane. The school is about .5 miles on the right.

## **MILFORD**

### **Middle School/Gymnasium**

Volleyball, Basketball, Wrestling

**From Manchester** - 101 West to Rte. 13 North. At the end of the ramp, take a right onto Rte. 13 and then your next left onto Union Street. Follow Union to the stop sign. Take a left onto Osgood Road. School is on the Right. Gym is in the back.

**From Nashua** - 101 A to 101 West to Rte. 13 North. Follow above directions.

**From Peterborough** - 101 East to Rte. 13 North. Left at the end of the ramp onto Rte. 13 North. Drive past on ramp and take next left onto Union St. Follow above directions.

### **Adams Field**

Field Hockey, Cross Country

Follow directions to the Middle School. Go past the school and under the Rte.101 overpass. Field is on the right just before the next sharp left hand turn.

### **Jacques School Field**

Follow Rte.101A or Rte. 13 to the center of Milford(Oval). Field is behind Bales School and Jacques just outside the west side of the oval(101A) on the North side of the road.

### **MCAA Fields**

Soccer, Baseball, Softball

### **From Manchester**

Rte.101 West to Rte. 122. Take a right at the end of the ramp onto 122. Follow to Traffic Light. Go straight to Milford. Follow sign to Rte 13 North and Mt. Vernon. Take 13 north approximately 1/2 mile and bear left onto North River Road. Fields are on the left.

### **From Nashua**

Rte.101 A to Rte 13 north at the oval in Milford. Follow as above from just north of the oval.

### **From Peterborough**

Rte.101 East to Rte.101 and Rte.101 A intersection. Take left over the bridge and follow to stop sign. Take right onto North River Road and follow approximately 4 miles. Fields are on the right.

### **Ponemah Green Golf Course**

Golf

### **From Manchester**

Rte.101 West to Rte.122. Turn Right at the end of the ramp. Follow to Amherst Center. At light turn left(still 122). Course is on the right.

### **From Nashua**

Rte.101A toward Milford. Right on Rte 122. Course is on the left.

### **From Peterborough**

Rte.101 East onto Bypass around Milford to 101A south to Nashua ( Bear right at the end of the ramp.) Take your next left after the the ramp on to 122. Course is on the left.

## **MOUNTAIN VIEW**

(GOFFSTOWN)- 497-8288.

## **DIRECTIONS TO SCHOOL**

193 N to I293 N to exit 6 Amoskeag Bridge. Go around rotary to first set of lights. Straight across to the Goffstown Back Road. 4 or 5 miles to Tibbits Hill Road. Right on Tibbits Hill road. School on right off of Lauren Lane.

## **TRACK**

From Route 93 South take route 293 to 101 west. At the junction of route 114 and 101 west, go straight. Follow through to the fourth set of lights. Take a left. You will go by the Women's State Prison and Irving Gas Station. Continue on 114 until the speed limit changes to 30 mph. The road to Barnard Park is the third left, called Barnard Lane. The parking lot and track are at the end of the short road.

# **NASHUA CATHOLIC**

## **DIRECTIONS TO SOCCER FIELDS**

Main Dunstable Road Fields, 460 Main Dunstable Rd, Nashua 03062; MD #4, MD #5.

### **From Manchester Area**

Route 3 (F.E. Everett Tpke.) South. Get off exit 5W. Go straight, at traffic light. Look for Route 111A Main Dunstable Road. Stay on this road for approx. 2 miles. Fields will be on your right. MD #4 and MD #5 are 100 yards past the first set of fields you come to. Enter the driveway for parking of buses and cars.

### **From the South**

Route 3 (F.E. Everett Tpke.) North. Get off exit 5W (Pepperell, Route 111). Get into the left lane, pass over the highway and take your next left at the traffic light, Main Dunstable, Route 111 A. Stay on this road for approx. 2 miles. Fields will be on your right. MD #4 and MD #5 are 100 yards past the first set of fields you come to. Enter the driveway for parking of buses and cars.

### **From the East**

Routes 102 and 111, coming into Nashua via the Hudson bridge, Route 111 (East Hollis Street). Stay on East Hollis Street right through Nashua. At Main Street it will turn into West Hollis Street. Follow this street to the highway. Go over the highway, getting into the left lane. Take your next left at the traffic light, Main Dunstable, Route 111 A. Stay on this road for approx. 2 miles. Fields will be on your right. MD #4 and MD #5 are 100 yards past the first set of fields you come to. Enter the driveway for parking of buses and cars.

## **DIRECTIONS TO OUR SCHOOL**

**Volleyball, Basketball, and Wrestling** are played at the school.

### **From the North**

F.E. Everett Tpke (Rte. 3) South

Exit #7E. Off the exit take the first left. (99 Restaurant will be on your left) This is the Henry Burque Highway.

Take a right at the end of this road. This will be Concord Street. Go .6 of a mile and take your 2nd right after Greeley Park. This will be Bartlett Avenue.

The Gym entrance has glass doors. Drop off students here and please park the bus behind the school, either on the street or on the school lot if you prefer.

### **From the West**

Route 101A Amherst Street to the junction of the Henry Burque Highway. (Do not enter the Highway at exit 8.)

After going over Rte 3, take a left at the junction/traffic light. (99 Restaurant and Comfort Inn should your on your left)

Take a right at the end of this road; this will be the Concord Street.

Go .6 of a mile and take your 2nd right after Greeley Park. This will be Bartlett Avenue.

The Gym entrance has glass doors. Drop off students here and please park the bus behind the school, either on the street or on the school lot if you prefer.

### **From the East**

Route 111 through Hudson. After crossing the Merrimack River Bridge, bear to the right, this will be Bridge/Canal Street.

After 6 traffic lights bear right, this will be Main Street. (Dunkin Donuts on your left)

At the top of the hill stay right onto Concord Street. Bartlett Avenue will be on your left, 10 streets. (large

mansion on the corner)

**The Gym entrance has glass doors. Drop off students here and please park the bus behind the school, either on the street or on the school lot if you prefer.**

### **DIRECTIONS TO SOFTBALL and BASEBALL FIELDS**

Softball at Greeley Park (100 Concord St, 03064)

Baseball at Atherton Ave. Field (15 Atherton Ave., 03064)

#### **From the North**

Greeley Park (Softball) F.E. Everett Highway/Route 3. Exit 7E, Nashua/Hudson. Get into the left lane coming off the exit ramp. Go left at the light, onto the Henri Burque Highway (99 Restaurant will be on your left). Go to the end, at the light take a right onto Concord Street. Go about mile, Greeley Park will be on your left, take any drive, softball fields are in the back.

Atherton Ave. (Baseball Field) Go back out and take a left out of the drive onto Concord Street. Continue approximately .3 mile and take a left onto East Stark Street (3rd left). Follow this to a stop sign, go right. At the bend the street becomes Atherton Ave., field is on your right.

#### **From the West**

Greeley Park (Softball) - 101A, Amherst Street. At the Route 3 intersection, get into the left lane, after going over the bridge take a left onto the Henri Burque Highway (99 Restaurant will be on your left). Go to the end, at the light take a right onto Concord Street. Go about mile, Greeley Park will be on your left, take any drive, softball fields are in the back

Atherton Ave. (Baseball Field) Go back out and take a left out of the drive onto Concord Street. Continue approximately .3 mile and take a left onto East Stark Street (3rd left). Follow this to a stop sign, go right. At the bend the street becomes Atherton Ave., field is on your right.

#### **From the East**

Greeley Park (Softball) - from Atherton Field. Continue on Atherton Ave., at the stop sign you have to go left, onto East Stark Street. Continue on until Concord street, three stop signs, at the stop sign go right onto Concord St. Continue approximately .3 mile, Greeley Park will be on your right. Take the first entrance to the fields. We play on the last field.

Atherton Ave. (Baseball Field) Hudson and east. Stay right coming over the Merrimack River, onto Bridge St. At the third light, BAE Systems should be on your left, take a right onto Chandler St. At the stop sign take a right onto Locke St. Take your next left onto Atherton Ave., do not go under the granite bridge. Field is on your left. Drop off boys.

## **PENNICHUCK**

207 Manchester St. Nashua, NH

#### **Directions to All Events**

Everett Turnpike (rt. 3) to exit 7E (Amherst St.). Proceed to first set of lights and turn left on Henri Burque Highway ("99/Comfort Inn" on left). Continue to next set of lights and turn left on Manchester St. Pennichuck Middle School entrance is on your right.

## **RUNDLETT**

#### **From the North**

93 South Exit 14 Right on Loudon Road Left on North Main Street Right on Pleasant Street Left onto South Street

#### **\*From the South**

93 North Exit 12N Right on South Main Street Left on Rockingham Street Right on Bow Street Left onto South Street\*From the West - 89 South Exit 2 Right onto NH-13/Clinton Street South Street

#### **\*From the East**

US-4 West Merge onto Rt. 393 West Left on North Main Street Right on Pleasant Street Left onto South Street

## **SOUTH MEADOW**

108 Hancock Road (Route 202) 924.7105.

**Fall, Winter, and Spring athletic events, (except Softball), are played at SMS.**

Soccer, baseball, and field hockey fields are right next to the school; basketball, wrestling are played in the school gymnasium. Cross country is organized outside and in upper back parking lot of SMS.

**\*From Manchester, Bedford, Hollis, Milford areas**

Follow Route 101 West to Peterborough. As you approach the town there will be a shopping plaza on the left and a gas station on the right. Take a right onto Route 202 North,(also Granite Street), before the gas station. Follow Rt. 202 North about 2.5 miles. SMS will be on the left. Please park in back parking lot.

**\*From the Concord, Hillsboro, Antrim areas**

Follow Route 202 South through Antrim, Bennington, Hancock, then Peterborough. Follow 202 South through stop light for Con Val High School. South Meadow School is .5 miles on the right. Park in back parking lot.

## **TIMBERLANE**

Route 102 E to traffic circle. 2nd right in circle onto East Derry Road. East Derry Road to 4 way stop at Route 121 in Hampstead. Right on Route 121 to Route 111. Left on Route 111. Right on East Road (blinking light) for four miles. Left on LineBrook Road. School is on right 1/4 mile, 44 Greenough Road.

## **WEST RUNNING BROOK**

Route 102 E to Derry rotary. First right out of rotary onto Route 28 S (Main Street). Left at first traffic light into school.

## **WINDHAM**

**From Interstate 93**

From both the North and South Direction get off Exit 3. Take a left at the end of the exit onto Route 111 West. At 4th set of lights take a left onto Lowell Road. (Windham Center School on corner). Go 2 miles and the entrance to Windham Middle School will be on your right.

**\*From Route 111 East and West**

Traveling East take a right onto Lowell Road at the lights. Windham Center School will be on the corner. Go 2 miles to the entrance to the school on your right. Traveling West take a left at the lights and go two miles to the entrance on your right.

***NOTE: You can not see the Middle School from Lowell Road. It sits up on the hill behind the Elementary School. Entrance is just before the Elementary School on right.*** All our fields are located right at the Middle School. Softball field is at the bottom of the hill on the left, Field Hockey field is half way up the hill on left, and the soccer field and baseball field is on the left of the Middle School. The gymnasium is right in the front door on the right.